

Community Breastfeeding Resources

UofL Hospital Lactation Center

Center for Women and Infants, 3rd Floor

Call for appointments: 502-562-6081

Community-Based Nutrition and Lactation Support

WIC (Women, Infants and Children)

Supplemental Nutrition Program

Breastfeeding Peer Counselor Program

<http://www.louisvilleky.gov/Health/Clinics/WIC.htm>

Call for appt: 502-574-6676

Private Practice Lactation Support

Advocates for Women's Health – Tina Martin

4915 Norton Healthcare Blvd. Ste 203

502-423-9595

Ashley Benz, IBCLC

502-819-9205

Bonnie H. Logsdon, RD, IBCLC

270-202-9545

Other Support Therapies

Dunn Physical Therapy – ultrasound for recurrent plugged ducts

502-899-9363 / 502-425-1716

Kuperus Family Chiropractic/Craniosacral

7410 New LaGrange Road

502-426-6715

Free Mother-to-Mother Support

La Leche League

Alex 502-595-8127

Hope 530-748-5039

UofL Hospital 4th Thursday at 6:30pm

<https://www.llofkytn.org/find-a-leader/louisville>

www.facebook.com/LLLofLouisville

Mother's Milk Club
Robin Gillespie 502-574-6676

After-hours Appalachian Breastfeeding Helpline 4:30pm-8:30am
1-888-588-3423

Medications and Breastfeeding

LactMed: <http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT>

Infant Risk Center: 1-806-352-2519

Web Resources

www.womenshealth.gov

www.kellymom.com

www.lowmilksupply.org

www.bfar.org (for breastfeeding after breast reduction)

www.themilkmob.org

<http://med.stanford.edu/newborns/professional-education/breastfeeding.html>

YOUTUBE:

Global Health Media Breastfeeding Series

Wagonbird breastfeeding videos

The Milk Mob

NICU videos: <https://www.neogicma.org/human-milk-educational-videos>

"The power of pumping" Children's Hospital of Philadelphia

APP: Coffective

APP: Text4Baby (text BABY to 511411)

Kentucky: Breastpump Rental Options

Norton's Women's and Children's Hospital Lactation Center Baby Bistro

Mon-Fri 8am-4pm; Sat 10-2
502-899-6530

Pump rental \$25/week or \$75/month
\$20 deposit. (Medela Symphony)
Hands-free bras and lactation supplies available.

Indiana: Breastpump Rental Options

The Breastfeeding Center Clark Memorial Hospital, 5th floor

1220 Missouri Ave
Jeffersonville, IN 47130
812-283-2901
Mon-Sat: 10-2pm

Pump rental \$16/week or \$64/month

Hospital-Based Lactation Support

Baptist Hospital East Lactation Center

Call for questions: 502-259-3600
Call for appt: 502-897-8888

Norton Women's Hospital Lactation Center Baby Bistro

Call for appt: 502-899-6530

Clark Memorial Hospital

The Breastfeeding Center
Call for appt: 812-283-2901